Exchange AT SSE

The Stockholm School of Economics (SSE) is ranked as the best business school in the Nordic and Baltic countries. SSE educates talented people for leading positions in the business community, politics, NGOs and the public sector, and has done so since 1909. Our school has earned a reputation for excellence, both in Sweden and around the world.

no. 1
in the Nordic countries

Welcome to the Stockholm School of Economics

All education relies on relevant and current research, and the high quality of SSE's programs can be maintained because of its collaboration with Swedish and international corporations as well as its dedicated professors and researchers. Further evidence of SSE's high quality is the School's EQUIS (European Quality Improvement System) accreditation, which warrants that all degree programs and research are of top international standard.

Nomination and Application

Nominations will only be accepted through our official online form. The nomination link will be sent once the nomination period has opened. Please note that students that have not been nominated online will not be enrolled in our program.

Timing: The nomination deadline for our partner universities is April 1 for the fall semester and October 1 for the spring semester.

Once the nomination period is completed students will be invited to complete an online registration form to finalize their application.

Student application and account

Once the registration form has been completed and approved, the student will receive their acceptance letter online. They will also receive further information in regards to the housing application and student account information.

Prior to their arrival, a mandatory predeparture meeting will be held for all incoming exchange students where they will receive more information about course registration and practical information for their stay at SSE.

Documents needed for the student application:

- Photo
- Completed Student Pledge
- Completed Online Registration Form

General Information

Full name: Stockholm School of Economics (Handelshögskolan i Stockholm)

Address: Sveavägen 65, 113 83 Stockholm, Sweden

Website for incoming exchange students:
https://www.hhs.se/incoming-exchange-students

Academic Calendar

The Academic Year at SSE is divided into two semesters: a fall semester and a spring semester. Each semester is divided into two teaching periods, where periods one and two are during the fall semester, and periods three and four are in the spring semester. Exchange students can only apply to semesters, not periods; however, if you have students that are interested in only coming for one period, please contact the Exchange Office.

Check the academic calendar for up-to-date semester dates and times here.

For incoming exchange students, the semester starts a couple of days earlier with a mandatory introduction to SSE, Stockholm and Sweden. For Fall Semester 2026 the Orientation Day will be on August 21, for Spring Semester 2027 it will be on January 18 (dates are subject to change).

Examination dates
Examination dates can be found in the academic calendar and typically take place at the end of each teaching period.

Academic Information

English language requirements (effective for all new and renewed agreements from 2025 onward): Students must demonstrate English language proficiency corresponding to at least a B2 level. It is the responsibility of the home university to ensure that students meet the requirements.

Course Format: Typically on site and in person. Exchange students are requested to stay until the end of their scheduled exams. No special early exams can be arranged.

Course Registration: Please find our list of current courses available (these are subject to change): BSc level | MSc level

Course registration will be open between May 6 - May 20 for the fall semester and November 26 - December 10 for the spring semester. These dates are subject to change and will be updated in the academic calendar.

Workload: Exchange students are able to take courses corresponding to 30 ECTS, i.e. 15 ECTS per teaching period. This typically amounts to two courses per teaching period.

Transcripts: Transcripts are available two months after the final exams. Students are invited to download their transcript directly on the internal portal. An original copy can be sent by post upon request.

Practical Information

Housing

At SSE, we have a small housing office that offers rooms and apartments to some of our international students. As there is no guarantee for housing, we recommend that you also explore other alternatives for accommodation. You can find more information here

Cost of living

The following is a feasible monthly budget:

Housing: 6,000 – 10,000 SEK
Food: 3,000 SEK
Insurance: 300 SEK
Hobbies: 2,000 SEK
Local Transportation: 650 SEK
Telephone and internet: 300 SEK

Visa

Depending on your country of origin, you might need a residence permit to come to SSE. Please refer to the Swedish Migration Agency's website to read what applies to your specific case.

Insurance

It is very important that you purchase travel insurance that covers your trip and ensure that you have valid medical insurance covering you for your whole stay in Sweden. EU/EEA students should make sure they bring a European Health Insurance Card from their home countries or, alternatively, bring the terms and conditions for a fully comprehensive private health insurance policy.

Students with disabilities

Our Guidance and Wellbeing Office includes assistance for students with special needs, a certified counselor and access to the Diversity, Equity and Inclusion Manager.

Contact Us

Exchange all levels, bilateral agreements
Team: Evelina Elo, Emma Danbury, Linda Israelsson
Email: exchange@hhs.se

The Short Program, Wallenberg International Fellows Program, GNAM, Sciences Po Double Degrees
Email: global@hhs.se

CIVICA
Team: Joanna Ziolkowska and Patsy Åkerberg
Email: civica@hhs.se

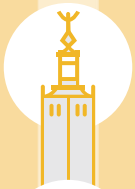
CEMS
Program manager: Karin Setterbrant
Email: karin.setterbrant@hhs.se

More information can be found on www.hhs.se.

5 Reasons to Choose SSE

National and International Recognition
SSE has been ranked number 1 over 20 years in a row by the Financial Times as the No. 1 business school in the Nordic and Baltic countries.

Close Ties to Business and Research
Local and international businesses are closely linked with the school and engage with our students on a daily basis. Our world-class research influences our education and is beneficial for our corporate partners.



Location: Stockholm
A beautiful capital city and a leader in business innovation and sustainability.

The SSE Way
A small business school with a substantial social footprint, which creates close ties between students, faculty and staff.

Careers with an Impact
SSE paves the way to a wide range of career options, regardless of whether you seek to be employed or want to become an entrepreneur.